



**Iowa Legal Aid**

1112 Mobile St., Waterloo, IA  
319 234 1793 iowalegalaid.org  
Monday-Friday 8am-4:30pm  
Free legal assistance on civil legal issues involving basic necessities for low income individuals. Assistance ranges from providing counsel and advice, to representation before various agencies and courts.

**Jesse Cosby Neighborhood Center: People's Law Clinic**

1112 Mobile St., Waterloo, IA  
319 234 1793 jessecosby.org  
Monday-Friday 8am-4:30pm  
Offers legal consultation to low income individuals & families.



**PaTi's Libelulas**

400 Broadway St. Waterloo, IA  
319 343 7018 ywcabhc.org  
Free services offered include: English classes; computer classes; family programs; art center and youth center. All services are in Spanish.

**Refugee and Immigrant Youth Organization**

620 W. 5th Street, Floor 4 Waterloo, IA  
319 214 0287  
The multicultural program provides free English classes; a translator is also available for support in employment issues, case management.



**People's Community Health Clinic**

905 Franklin St., Waterloo IA  
319 874 3000  
Urgent Care Hours: Monday-Friday 8am-7 pm,  
Saturday 10am-5pm, Sunday 1-4pm  
Accidents and Falls, Sprains and Broken Bones, Back Problems, Breathing Difficulties, Abdominal Pain, Cuts Requiring Stitches, High Fever, Vomiting, Diarrhea or Dehydration, Sore Throat or Cough, Mild to Moderate Asthma, Skin Rashes, Burns, Conditions, Infections, Eye Infections Earache, Sexually Transmitted Disease (STD) or Sexually Transmitted Infection (STI) Testing and Treatment

**UnityPoint LGBTQ+ Clinic**

5100 Prairie Parkway Suite 300, Cedar Falls, IA  
319 222 2710  
Wednesdays 5-7pm  
Offers individualized health care services in a comfortable and welcoming environment to the lesbian, gay, bisexual, transgender, queer and questioning communities. Safe Zone trained providers will ensure compassion and understanding for all patients.

**Riverview Center**

100 E Park Ave #250, Waterloo, IA  
319-939-9599 <https://riverviewcenter.org/>  
Helps those who have been affected by sexual assault/abuse. Services include a 24/hour crisis hotline; legal, medical and social service advocacy; counseling; and basic needs assistance.  
**Iowa Sexual Assault Hotline: 888-557-0310**

**Pathways Behavioral Services**

3362 University Ave, Waterloo, IA  
319 235 6571 [pathwaysb.org](http://pathwaysb.org)  
Monday-Thursday 7am-5pm, Friday 7am-12pm  
Mental health center composed of psychiatrists, nurse practitioners, clinical social workers, and mental health counselors. Provides a wide range of mental health services including a 24-hour emergency service.

**SHELTER  
INCOME  
AND FOOD  
INSECURITY  
RESOURCES**

**If possible, contact service providers ahead of time as schedules and services may vary. The Waterloo and Cedar Falls Public Libraries offer free internet and phone access.**

**Waterloo Public Library**

415 Commercial St, Waterloo, IA 50701  
319 273-8643 [waterloopubliclibrary.org](http://waterloopubliclibrary.org)  
M-Th 9am-8pm, F-St 9am-5pm, Sn 12-5pm

**Cedar Falls Public Library**

524 Main St, Cedar Falls, IA  
319 273-8643 [cedarfallslibrary.org](http://cedarfallslibrary.org)  
M-W 10am-9pm, Th-F 9am-6pm,  
St 9am-5pm, Sn 1-5pm



Produced by the Cedar Falls Public Library Reference Desk



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**First United Methodist Church Community Meal**

718 Clay St., Cedar Falls, IA  
319 266 1713 aboutfirst.com  
The meal is served Tuesdays from 4:30-6pm

**Sunday Suppers Community Meal**

1st Presbyterian Church  
505 Franklin St., Waterloo, IA  
319 233 6145 info@1stpresby.org  
5 p.m. every Sunday

**Queen of Peace Community Meal**

650 Stephan Ave., Waterloo, IA  
319 232 0156. blessedssacramentwaterloo.org  
4th Tuesday of each month (Jan - Oct),  
4:30-6:30pm.

**Saint Vincent de Paul Society Pantry**

320 Broadway Ave, Waterloo, IA  
319 232 3366 svdpusa.org  
Monday-Friday 9-11:30pm

**Christian Fellowship Baptist Church Pantry**

930 W 4th St., Waterloo, IA  
319 235 2018  
3rd Wednesday of each month 5-6:30pm

**St. Timothy's Food Closet**

3220 Terrace Dr., Cedar Falls, IA  
319 266 0464 sttims-umc.org  
3rd Friday of each month by appointment.  
**ID required**

**Neighbor-to-Neighbor Food Pantry**

St. Luke's Episcopal Church  
2410 Melrose Dr., Cedar Falls, IA  
319 277 8520 stlukeseiscopalcf.org  
2nd and 4th Wednesdays of each month 4:30-5:30 p.m.

**First Christian Church Emergency Food Pantry**

1302 W. 11th St., Cedar Falls, IA  
319 266 5959 cedarfallsdisciples.org  
Every Thursday 4-6pm. The entrance is on Division Street.

**Matthew 25 Food Pantry**

St. Patrick Catholic Church  
705 Main St., Cedar Falls, Iowa  
319 266 3523 saintpatrickcf.org/  
Mondays 9am-12pm and Thursdays 1-4 pm.  
**Call for an appointment**



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**Cedar Falls Housing Assistance**

220 Clay St., Cedar Falls, IA  
319 273 8606 cedarfalls.com  
Section 8 Housing Sign-up: Call for information  
Rent assistance payment, permanent housing for  
low income families, disabled residents.

**Community Housing Initiative**

915 W. 4th St., Waterloo, IA  
319 235 3000 chihousing.com  
Provides Assistance for those with a documented  
disability. Permanent Housing Program- provides  
housing for those that are homeless with a long-  
term disability.

**House Christian Community Development: House of Hope**

306 Walnut St., Waterloo, IA  
319 232 3823 houseofhopecccd.org  
Christian based two year transitional housing  
program for single mothers experiencing  
homelessness.

**Jesse Cosby Neighborhood Center: Crisis Assistance**

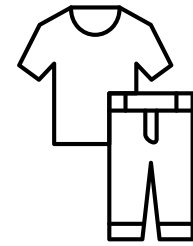
1112 Mobile St., Waterloo, IA  
319 234 1793 jessecosby.org  
VOCA Program assists victims of crime with  
deposit, rental, and utilities assistance.

**Waterloo Housing**

620 Mulberry St., Waterloo, IA  
319 233 0201 ci.waterloo.ia.us/housingauthority  
Section 8 Housing Sign-up: Thursdays only 8am-  
4:30pm, Rent assistance payment and permanent  
housing for low income families or  
persons who are disabled and live in Waterloo.

**Operation Threshold**

1535 Lafayette Street, Waterloo, IA  
319 291 2065 operationthreshold.org  
Safe and Stable Housing (SSH) program provides  
short term emergency assistance to address  
barriers that prevent low-income families from  
accessing or maintaining safe and stable housing.



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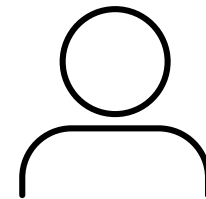
**Kaden's Kloset through UCC Cedar Falls**

Cedar Falls United Church of Christ  
9204 University Ave., Cedar Falls, IA  
319-266-9686

Supplies material items and necessities for families  
and equips people to engage in caring for children  
and families in need. **Call for an appointment.**

**Saint Vincent de Paul Society**

320 Broadway Ave, Waterloo, IA  
319 232 3366 svdpusa.org/  
Monday-Friday 9-11:30am  
Provides assistance with furniture and clothing.  
Also assists with gas voucher,  
medication and rental assistance.



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**IowaWorks**

3420 University Ave., Waterloo IA  
319 235 2123 iowaworks.gov  
Monday-Friday 8am-4:30pm

One-on-one career assistance, virtual workshops  
and resume building, labor market information,  
unemployment assistance, connection to programs.

**Pathways Behavioral Services**

3362 University Ave, Waterloo, IA 50701  
319 235 6571 pathwaysb.org  
Monday-Thursday 7am-5pm, Friday 7am-12pm  
Pathways offers several levels of addiction  
treatment options for chemical dependency and  
substance use disorders. Provides a wide range of  
mental health services including a 24-hour  
emergency service.